

Patient Case History

Name _____ Date of Birth _____
 Street _____ City _____ State _____ ZIP _____
 Home Phone _____ Cell Phone _____ Cell Carrier _____
 Email address (*office use only!*) _____ Referred by _____
 Marital Status: Single / Married Spouse _____ Phone # _____
 Emergency Contact _____ Relationship _____ Phone # _____
 Your Occupation _____ Employer _____
 Insurance Name _____
 Insured Name _____ Relationship _____
 Insured Birthdate _____

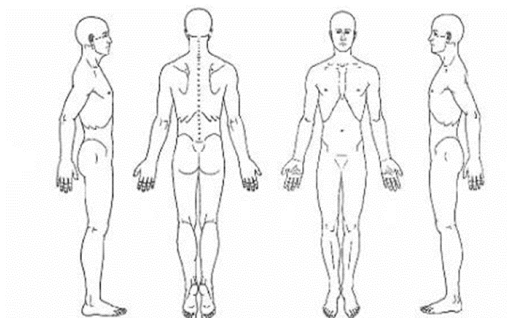
Please list your reason(s) for this visit or your condition(s) in order of importance	Date you first noticed	Using a scale in which "0" is no pain or symptoms and "10" is severe pain or symptoms, circle the number that best reflects your condition: none to severe	Please check the box below that best represents how much of the time you feel pain or note symptoms for the listed reason:
1.		0 1 2 3 4 5 6 7 8 9 10	0-25% 26-50% 51-75% 76-100%
2.		0 1 2 3 4 5 6 7 8 9 10	0-25% 26-50% 51-75% 76-100%
3.		0 1 2 3 4 5 6 7 8 9 10	0-25% 26-50% 51-75% 76-100%
4.		0 1 2 3 4 5 6 7 8 9 10	0-25% 26-50% 51-75% 76-100%

For each of the reasons or conditions listed above, please check if it is better or worse with any of the following:

	HEAT		COLD		REST		ACTIVITY		OTHER		
	better	worse	better	worse	better	worse	better	worse	better	worse	(please describe on line below)
Reason 1	___	___	___	___	___	___	___	___	___	___	_____
Reason 2	___	___	___	___	___	___	___	___	___	___	_____
Reason 3	___	___	___	___	___	___	___	___	___	___	_____
Reason 4	___	___	___	___	___	___	___	___	___	___	_____

Please mark the areas of discomfort or pain on the figures to the right using the symbol that best describes the feeling:

- +++ sharp or stabbing
- ooo pins and needles
- vvv dull or aching
- /// numbness



During what time of the day do you feel worse? _____

Do you sleep well? Yes / No What are your normal sleeping hours? _____ to _____

Medical History

Patient Name _____

Height _____ Weight _____ Family Doctor _____ Phone _____

Medication list (attach list if necessary) _____

Supplements (attach list if necessary) _____

Surgeries (year) _____

Allergies _____

Are you dairy sensitive? Yes / No *If you are female, are you pregnant? Yes / No Due date _____

Are you currently under the care of a medical doctor or other type of health care provider for any condition? Yes / No

If yes, what is the condition(s)? _____

Name of doctor or provider _____ Phone _____

Do you exercise? Yes / No * If yes, please describe the activity _____

Intensity _____ How many days a week? _____

Do you use? (how often per day or month) (____) Alcohol (____) Tobacco (____) Coffee (____) Soft Drinks (____) Pain Reliever

Personal History

Pain in body

____ Neck pain with difficulty swallowing ____ Extreme neck stiffness with pain or shocks in arms or legs when moving neck ____ Loss of feeling in inner thighs
____ Leg pain that worsens with exercise but is relieved by resting ____ Back pain with urinary problems

Types of pain
____ Severe pain – interrupts sleep ____ Constant pain that doesn't improve by changing positions or lying down

Current conditions

____ Unable to balance when walking ____ Loss of bowel or bladder control ____ Recent major accident such as a fall from height, whiplash or blow to the head
____ Recent unexplained weight loss ____ Blurred or double vision, dizziness or faintness when neck is in certain positions ____ Memory loss after injury
____ Recent progressive muscle weakness shaking ____ Headaches ____ Night sweats
____ Recent or current fever over 102

Previously diagnosed conditions/medical history

____ Congenital bone or joint condition ____ Past history of cancer or currently diagnosed with cancer ____ Immune suppression as from chemotherapy, organ transplant, etc.
____ Rheumatoid arthritis ____ Diabetes ____ 3 or more months use of steroid medication or IV drugs (past or recent)
____ Severe degenerative arthritis ____ Hepatitis
____ History of compression fractures ____ Lupus
____ History of heart attacks ____ Ankylosing spondylitis ____ Osteoporosis or Osteopenia
____ History of stroke

Are you suffering from any of the symptoms below?

Skin: Rash Redness Itching Mole changes Nail changes Hair changes
Ear, Eyes,
Nose, Throat: Vision problems Ringing ears Hearing loss Nose bleeds Decreased smell Bleeding gums
Heart/Lungs: Cough Wheezing Shortness of breath Swollen hands or feet Chest pain Palpitations
Digestion: Decreased Abnormal Vomiting Diarrhea Constipation Rectal bleeding
Urinary / Urgent Painful Frequent Bloody urine Abnormal Abnormal Impotence
Reproductive: urination urination urination vaginal menstruation
Endocrine: Heat/cold Tremors Excessive Fatigue Intolerance thirst
Breast: Lumps Dimpling Discharge

Family History

____ AutoImmune disorders ____ Cancer ____ Heart disease ____ Mental Illness ____ Stroke
____ Arthritis ____ Diabetes ____ Kidney disease ____ Seizure disorder ____ Anemia

I hereby authorize the doctor and whomever he may designate as his assistants, to administer treatment, physical examination, x-ray studies, chiropractic care or any clinic services that he deems necessary in my case. The nature and purpose of the procedures, possible alternative and possibility of complications will be explained to me by the doctor. I acknowledge that no guarantee or assurance as to the results that may be obtained on the procedure will be give by the doctor. I furthermore authorize him to disclose all or any part of my patient record to any person or corporation, as required by law, or to my health insurance company or worker's compensation carrier in the processing of medical claims on my behalf. I acknowledge that any insurance I have is an agreement between the carrier and me and that I am responsible for any payment of any covered or non-covered services I receive.

Patient / Guardian signature Date Doctor's initials